



Own the podium
Is the program
really worth
funding?
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SPOKE

A LEARNING NEWSROOM FOR JOURNALISM STUDENTS



CJQ Is growing
Number of
listeners
is way up.
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MONDAY MARCH 15, 2010

CONESTOGA COLLEGE KITCHENER ONT.

WWW.CONESTOGAC.ON.CA/SPOKE

42ND YEAR - NO. 9

Practise makes perfect on Conestoga Connected

By GILLIAN WEBBER

Conestoga Connected, the online show produced by second-year broadcast television students, began its second season this semester on Feb. 25 after its premiere last year.

Each of the series' 20-minute-long episodes focuses on a different program at Conestoga College as a way to explore how the technological skills taught in college programs compares to what they use in the industry.

For example, a recent episode featured a look at the culinary arts program at the Waterloo campus and then investigated the practical connection to the day-to-day experiences in the Bauer Kitchen, a Waterloo restaurant.

"Students will want to know what's going on whether it's at the school or

out in the community or whether it's an alumni who wants to know about things that are going on in this area and keeping up with what's happening at the college," said Conestoga Connected producer and second-year broadcast television student, Laura Purchase.

However, first and foremost, Conestoga Connected gives the broadcast television students the opportunity to practise the skills they have learned in television production during the first three semesters of their program.

"It takes a whole week to put everything together," said Purchase. "It's nice to see a final product at the end, like all that time actually turned into something."

The episodes are aired on the college television sets around campus and are available online at the Conestoga Connected website, www.conestogaconnected.com.



PHOTO SUBMITTED

The second-year broadcast television students create the weekly program, Conestoga Connected.

TORONTO SKYLINE FROM UP ABOVE

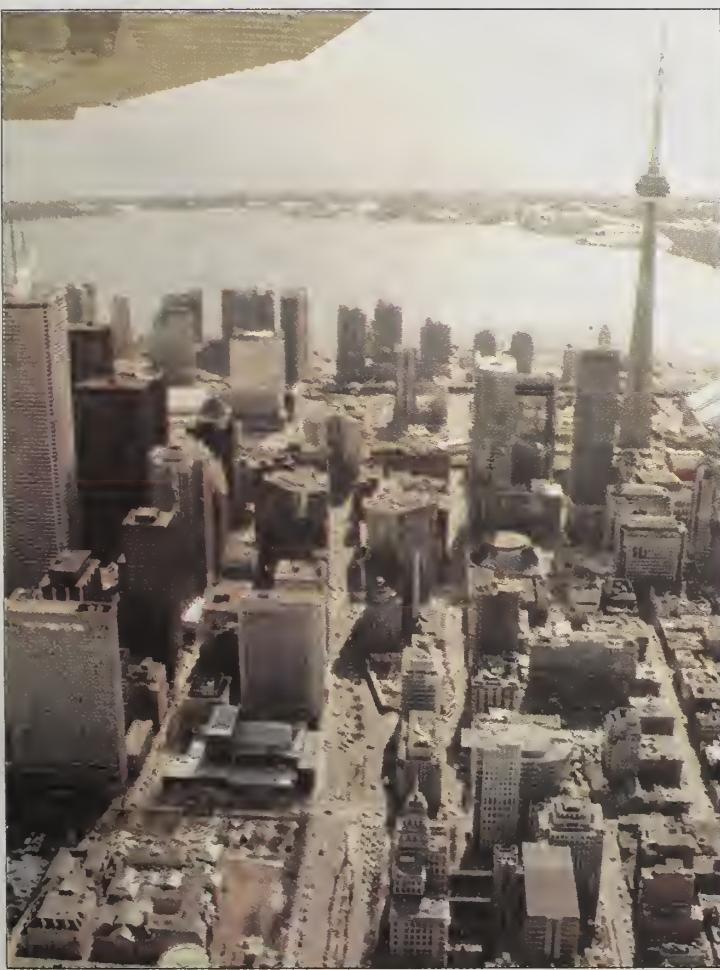


PHOTO BY GILLIAN WEBBER

Second-year aviation student and pilot, Keith Murphy, provided two journalism print students with a bird's-eye view of the Toronto skyline when they tagged along for some aerial sightseeing during one of his regular leisure flights over Ontario. For story and more photos see Pages 6 and 7.

Students awarded scholarships

By MITCH MUIR

Each year there are many students around the world who are awarded scholarships. This year it included Erik Collings and Stephanie Klages.

Collings, 18, is a Conestoga student in his first year of the architecture — facilities project and facilities management degree program. He won the \$1,500 President's Degree Entrance Scholarship and the \$1,000 Yumna Nasir award.

In his program he helps design school additions and do case studies on different types of buildings or architecture.

"After graduating, I plan on entering the project management field working for a construction company," said Collings. "I also hope to obtain my master's degree in project management."

It meant a lot to him to receive the scholarship.

"It proved to me that hard work does pay off in the end and that it is important to always do your best."

Klages won the \$2,000 International Facility Management Association Scholarship and the \$500 MTE Consultants Scholarship. She was more than happy to

receive the awards.

"It's quite the honour," said Klages. "There (are) 30 of us, but everyone kind of excels in the field and a lot of people are really passionate about the program, so it's quite the honour to be picked by the staff too."

Klages is in her fourth year of the program and travelled to Orlando with two other students who won scholarships — Laura Murray and Dana Brash — to receive the awards.

"We went for four days. We

were the only Canadians to go," she said.

Collings and Klages are both grateful for the support they've received.

"With my friends at school, each one of us motivates one another to do our best," said Collings.

His family is just as supportive.

"They are always genuinely concerned about my school work and when I am feeling lazy and unmotivated, they make sure they support me in getting my work done."



PHOTO BY MITCH MUIR

Stephanie Klages, a student in the architecture — facilities project and facilities management degree program, was the recent recipient of two awards, one of which was the International Facility Management Association Scholarship, worth \$2,000. The project in the photo was created by a fellow student.

Now deep thoughts ... with Conestoga College

Random questions answered by random students

What was the first audio-cassette or CD you ever had?



"I had a cassette of Guns N' Roses' Appetite for Destruction when I was 11 or 12."

Amanda Brunning,
third-year
nursing

"My first CD was Big Shiny Tunes 3 that I got when I was in Grade 3 or 4."

Andrew Kuret,
first-year
mechanical engineering
and design analysis



"I got a copy of Rage Against The Machine in the summer before eighth grade."

Jenna Snyder,
third-year
marketing



"When I was 10 I got a CD copy of Big Shiny Tunes 4."

Eric Smith,
first-year
general business



"I had a copy of Appetite for Destruction by Guns N' Roses."

Derrick Weber,
first-year,
robotics and automation



"My first CD was a copy of Big Shiny Tunes 3 which I got when I was 11."

Amber Hope,
second-year
public relations



Smile Conestoga, you could be our next respondent!

Should Own the Podium program continue to get funding?

By DANE BRASON

The Own the Podium program has taken a lot of heat for its bold and almost cocky name. Many people thought it wasn't in Canada's nature to have a program with such a bold statement. The goal of the program was to win the most medals at the 2010 Vancouver Winter Olympics and to place in the top three in the 2010 Paralympic Games.

The program was launched in 2005 with the goal of making Canada the best winter sporting nation by the time it hosted the 2010 Winter Games. The program provides additional resources and high-performance programming to Canadian athletes, coaches and personnel.

According to a February CBC article, the program's funding came from two sources, the federal government and private investors. The federal government funded \$66 million for the Vancouver Winter Games and the 2012 London Summer Games combined. All private funding was distributed through the Vancouver Olympic Committee (VANOC).

Moving forward the government has promised to provide \$47 million in funding for the Olympics, \$36 million for the summer athletes and \$11 million for the winter athletes. After the Vancouver Winter Games, the private funding is expected to dry up as Canada will no longer be the host country. OTP chief Roger Jackson has asked the government to add an additional \$22 million in replacement funding to the federal budget to help offset the lack of private funding. In total, Own the Podium spent \$117 million during their five-year quest to win the most medals at the 2010 Winter Olympics.

Since the Games have ended the program has taken a lot of heat. They did not achieve their goal of winning the most medals and what made it worse was that they conceded after only the first week of competition. Canada did, however, win the most gold medals ever by a nation in a Winter Games. So the question is: Do you support the program and should it continue with the help of government funding?

John Groves, 45, of Kitchener, said, "I am proud of our athletes and it's good to

finally be able to say that we won an Olympics. I think the program was a good idea and not continuing it would be a step backwards for Canadian athletics."

Kitchener resident Trisha Butland, 26, said, "I like the idea of the program but not the government funding."

Sean Devenish, 28, from Ottawa, was also onside. "The program was a good idea and, really, without the government funding, it isn't really possible to have this program. After these Olympics a lot of the private funding will disappear because we will not be the host nation anymore."

However, Alex Gagnon, 20, from Ottawa said, "We had the best Olympics ever and it still wasn't enough so what good is the program."

But Chantel Labelle, 20, of Kitchener, wants the funding continued. "Our athletes need our support and without the program we might not have won a gold medal yet again."

Kitchener resident Mackenzie George, 34, said, "I think there are more important things than amateur athletes that the government should be spending their money on."

LAST-DITCH EFFORT

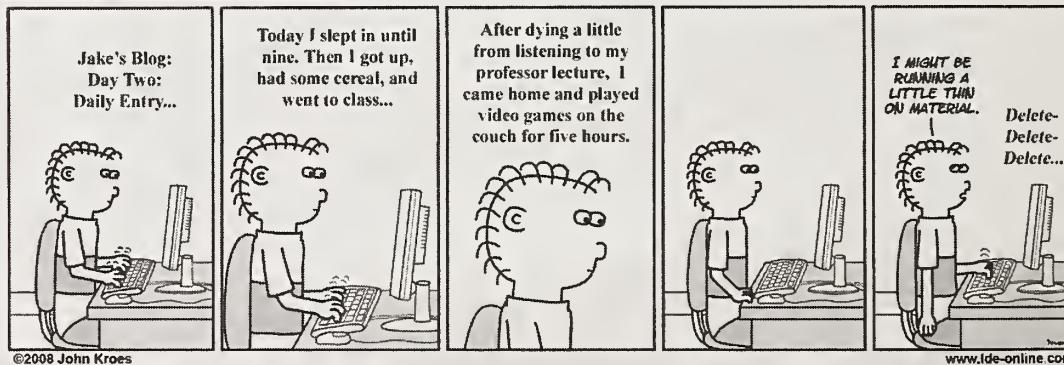


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CAMPUS DISCS GIVES STUDENTS THEIR MUSIC FIX



PHOTO BY NICOLE FRANK

Campus Discs was at the college on March 5 selling used DVDs, CDs and records for discount prices.

March is packed full of fun events at residence

By SARAH MACINTOSH

The March event calendar at Conestoga residence is jam-packed with various fun events for students to enjoy.

For anyone who loves competition, today there's a pool tournament in the basement at 6 p.m. Following St. Patrick's Day, on Thursday there's a Green Food Night in the kitchen at 8 p.m.

Friday there will be hot chocolate in the kitchen at midnight and on Saturday residents have the opportunity to have a cooked breakfast with a resident adviser. Residents interested in the breakfast must talk to the front desk the day before, on Friday March 19, to get all the details. Resident adviser Matt McArdle will be running this event.

In addition to fun events, Nicole Woodruff, residence life co-ordinator, said Conestoga residence also holds educational and academic events to open the students' minds to new experiences and increase their learning base.

"Residence has these events for students so that they're engaging socially within the community," said Woodruff. "Safety purposes are another reason. If students attend the events we become familiar with them and then if we notice a behaviour change we can act if we feel necessary."

On Monday, March 22, any sushi fans will want to be in the kitchen at 6 p.m. to enjoy sushi night.

On March 24 a game of cap-

ture the flag will occur at 8 p.m. in the lobby and for any residents who love eating contests, there is a pie-eating competition in the kitchen at 8 p.m. on Thursday, March 25.

In the last week of March, residence will be holding a Pictionary event on the 29th in the kitchen lounge at 8 p.m. and a coffee house will take place March 30 in the kitchen at 8 p.m. for any students willing to express themselves through music or lyrics.

"

Residence has these events for students so that they're engaging socially within the community.

— Nicole Woodruff

"

Residence will end March with Residence Olympics which will occur on the last day, Wednesday, March 31.

Students living in residence receive points for an assortment of things, such as attending events and recycling. Every event that Conestoga residence students attend, they receive one residence point. At the end of each residence rewards session, held four times per year, all the obtained points are added up and the top 10 students with the most points receive a prize.

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Date: Monday March 29 Location: Room **3A625**
Time: 11:00 am - 12:00 pm or 12:30 pm - 1:30 pm

Date: Wednesday March 31 Location: Room **2A619**
Time: 11:00 am - 12:00 pm or 12:30 pm - 1:30 pm

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**To Register: Login to MyCareer via the Student Portal at:
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Click on the 'Services' tab: search events & register

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Room 1A105
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Chile needs Canadian help

BY CHRIS BATT

After a massive 8.8-magnitude earthquake hit Chile, President Michelle Bachelet's government refused offers of international aid.

Three days later, the Chilean government changed its mind and requested aid in the form of mobile bridges, satellite phones and other needed supplies.

The Chilean quake was the fifth-strongest earthquake recorded since 1900, and was centred near the nation's second-largest city of Concepcion. The quake has killed over 500 people, damaged over 500,000 homes and caused \$30 billion US in damage. It is estimated that the reconstruction effort will take at least three to four years.

Despite the widespread destruction and loss of life, Canada's response to the Chilean earthquake has been remarkably different from the Haitian earthquake in January. On March 2, just three days after the quake, the Canadian government announced that it would provide \$2 million toward relief efforts in Chile. In comparison, Ottawa committed \$135 million to the relief effort in Haiti, and dispatched a warship to help.

Ottawa has not offered to match donations from citizens, or send Canadian ships to assist in the relief effort. Although Chile is a much wealthier nation with a greater capacity to rebuild, the Chilean quake was 500 times more powerful than the Haitian quake, and caused tremendous damage.

From a global economic perspective, Chile has been a tremendous success story over the past two decades, reducing its poverty rate and increasing its gross domestic product. This quake will severely cripple Chile, and jeopardize the nation's ability to further develop.

Despite Chile having many of the resources required to help victims and to rebuild, Canada must still provide relief and long-term assistance. Water purification systems, field hospitals and other supplies are needed in a timely manner to minimize loss of life and ensure that the rebuilding effort can begin swiftly.

As Canadians, we must commit to helping all victims of natural disasters, whether they are Haitian, Chilean or even American, in the case of Hurricane Katrina. By supporting Chile we will ensure the country continues on the path to industrialization and prosperity.

The views herein represent the position of the newspaper, not necessarily the author.

Letters are welcome

Spoke welcomes letters to the editor. Letters should be signed and include the name and telephone number of the writer. Writers will be contacted for verification.

No unsigned letters will be published.

Letters should be no longer



than 500 words. Spoke reserves the right to edit any letter for publication. Address correspondence to: The Editor, Spoke, 299 Doon Valley Dr., Room 1C30, Kitchener, Ont., N2G 4M4



Tattoos are for life.

Think before getting inked



Justine
Reist
Opinion

After years of arguing with my mother, and relentlessly nagging her, she finally found it acceptable for me to get my first tattoo when I was 17 years old. I never really understood her problem with me getting a tattoo since she has them herself.

I had always wanted a tattoo. They were neat to look at and being artistic, I always wanted my skin graced with art. This was six years ago when tattoo shows didn't clog up every time slot on TV, tattoo parlours were harder to come by and the number of people who had tattoos was still minuscule.

Today I am 23 years old and covered in ink from head to toe. I love every single piece that adorns my body and I wouldn't change them for the world. What I would change is the number of people jumping on the bandwagon. I have noticed a surge of younger teens and 20 somethings going out and covering themselves in ink, only to hate it a month later.

Tattooing has definitely become more popular with shows like LA Ink, Miami Ink and Inked taking the forefront in reality television. Tattoo shops have started popping up everywhere. In my hometown of Guelph we have gone from three shops to

seven in the past three years.

The most reputable shops are still difficult to get into and they certainly will take their regular clients before a young girl looking to get the famed tramp stamp. For anyone who doesn't know what a tramp stamp is it's a tribal design found on the lower back of a female. These are usually the first to be resent.

I love my tattoo artist. I have been going to him since he was an apprentice and he has done all of my work. What bothers me is not being able to get into my appointments on time because the girl before me is crying too much for him to do the work. If you can't take the pain, get out of the tattoo chair.

I spent a lot of time on all 15 pieces that I have covering my body, from my tiny camera behind my right ear to my half sleeve on my arm. Every single design has been laid out, tweaked and brought to perfection before the ink is put into my skin.

Most people just aren't putting any thought into what they are getting on their bodies. Tattoos are addictive, it's true, so teenagers are scrambling to get more to fit in with the crowd and to fulfill a need. Take a step back and think about what you're doing.

What profession are you planning on going into? Although most jobs are somewhat accepting of ink, I still cover mine up when I go for an interview. There are still professions out there that do not allow you to have visible tattoos, teachers and nurses being some of them. Are you going to like this tattoo when you age? Sure that dolphin looks cute now, but it's going to fade and sag. Make sure you're ready for a heap of upkeep. Are you prepared to be a tattooed mother/father and then grandma/grandpa? These are forever; even pricey removal doesn't always work and can leave you with unsightly scars.

The trend of tattooing isn't going to be as easy to get rid of like giant hair and Uggs were. If you decide to get tattoos be ready to stick with them for life. You can always hang out with me when you're 80. I'll be hanging with all the other saggy tattooed grandmas.

SPOKE

IS PUBLISHED AND PRODUCED WEEKLY BY THE JOURNALISM STUDENTS OF CONESTOGA COLLEGE

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Soaring above the crowd

Conestoga aviation student wins Dave Edward/Tom Jerrard Award

By NICOLE HANNUSCH

A tiny four-seater airplane lifts off from the flight centre at the Region of Waterloo International Airport, and my friend and I, giddy with excitement, press our faces to the window to watch in nervous excitement as the city changes from houses and streets to dots and lines.

Second-year aviation student Keith Murphy, who has seen the view plenty of times, concentrates solely on operating what, to most people, could easily be confused for the dashboard of the Starship Enterprise.

Murphy operates the controls with ease and experience, comforting us in the plane by pointing out that, once in the air, the plane could almost fly itself. Murphy explains the flight process with detail, showing how some of the different controls work and what they are used for. Before long, we have gotten completely comfortable with being 3,500 feet in the air, and are content to snap photos.

"It's the best office view in the world," said Murphy.

A calming and patient pilot attitude is just one of the reasons the aviation student has been awarded one of the desirable Dave Edward/Tom Jerrard awards.

The coveted awards were created to honour two of the founding members of the Air Canada Pilots Association (ACPA). Air Canada sets aside \$5,000 for the awards in each local executive council to be distributed among the most "well-rounded" student pilots in the area.

A well-rounded pilot is described by the ACPA as someone who learns from his or her mistakes, shows up with a positive attitude and a team approach to safety and problem solving, as well as displaying effective management of his or her flight through crew interaction both in and out of the cockpit.

This description thoroughly applies to Murphy, who has been interested in aviation since his youth and his time in Air Cadets.

"I've always wanted to fly. There's something that most pilots have in common: when they were really young, they liked airplanes. Their parents bought them little toy airplanes, they would crash them into the wall ... but it's something you're born with or that you really have an interest in from when you were

younger," said Murphy.

After graduation Murphy is interested in heading to the Northwest Territories to fly next, but has no set-in-stone plans for the future.

"It's where the pieces fall and opportunities present themselves as you move up through your career. I think I'll decide when those doors open which opportunity to take. It's hard to decide where I'm going to be, it's so up in the air," he laughed.

The four local executive councils of the ACPA ask for annual peer nominations for the award.

**It's the best office view
in the world.**

— Keith Murphy

"The Air Canada Pilots Association is the largest professional pilot group in Canada, representing the more than 3,000 pilots who operate Air Canada's mainline fleet," said Paul Howard, director of communications for the ACPA.

"Our local councils in other parts of the country also support students in their regions



PHOTO SUBMITTED

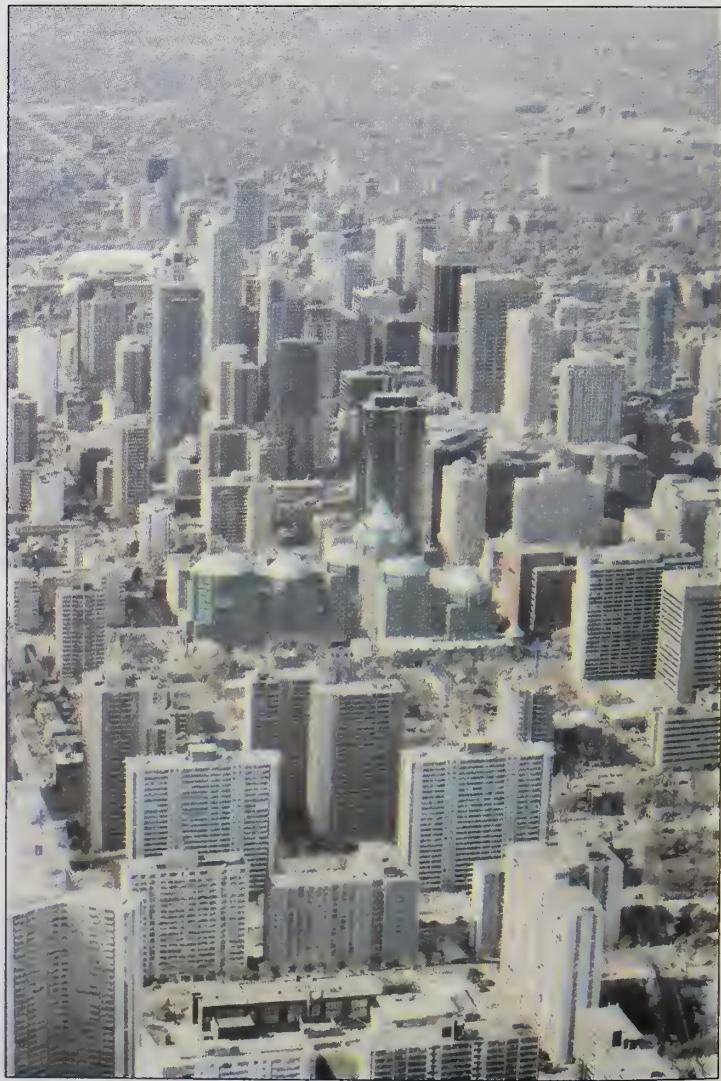
Keith Murphy shakes hands with Jeff Blake, a vice-chair of the Toronto local executive council for the Air Canada Pilots Association after winning the Dave Edward/Tom Jerrard award.

with similar grants, so it's more than just a local program," he added.

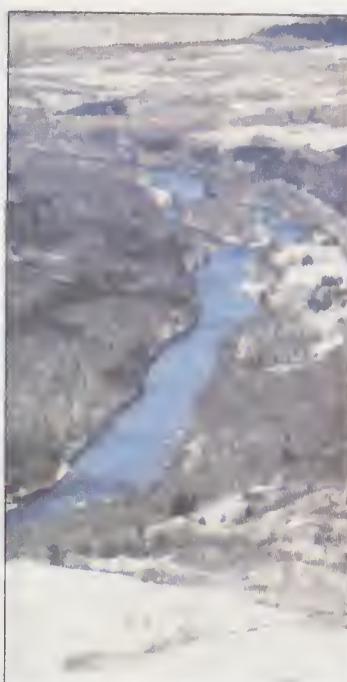
Murphy feels honoured to have been recognized for the award, and relates his comfort in the classroom and the air to his experience.

"It's sort of different, because I'm a little bit older so I've been there. I'm a little more focused on what my goal is, and I've been in college before and my goal is just to learn as much as I can and really apply that."

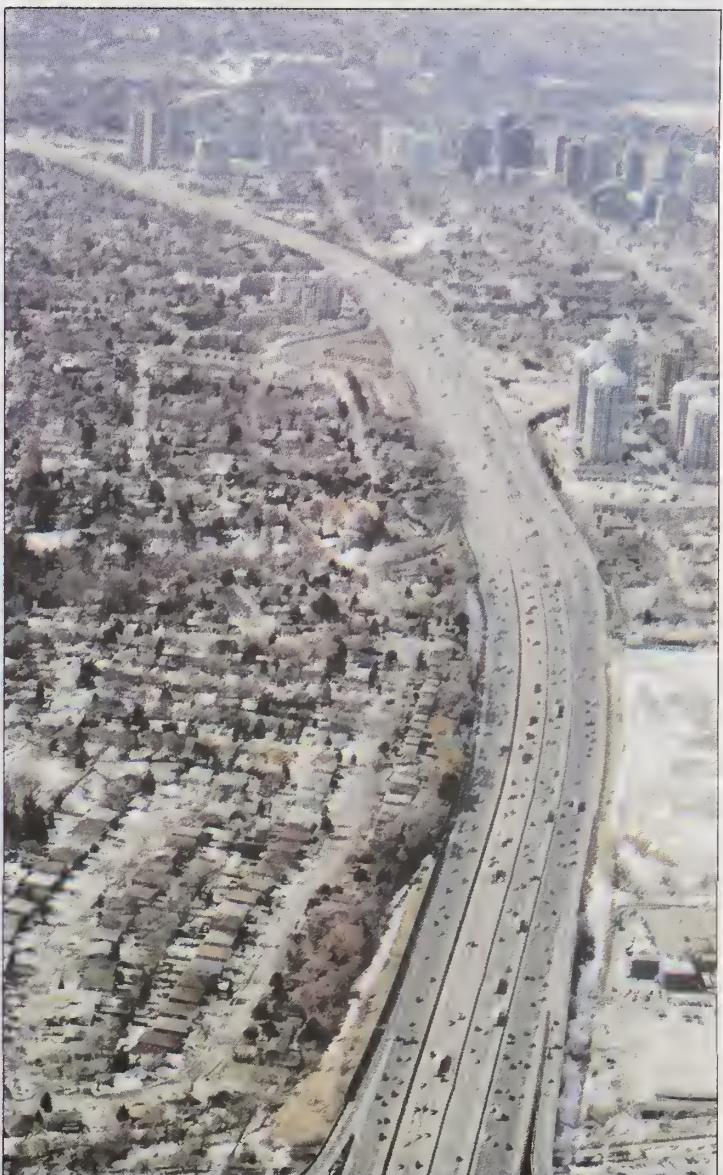
"I believe that teamwork and a professional, courteous attitude defines a person, and if that's your attitude you will receive respect and recognition from your peers."



PHOTOS BY NICOLE HANNUSCH



Two Conestoga journalism print students were treated to a flight to Toronto and back by aviation student Keith Murphy. The students spent the morning snapping aerial photos of Toronto and several other southern Ontario cities. At bottom left is Conestoga College.



COUNSELLOR'S CORNER:

Winter Blahs or Seasonal Affective Disorder?

Do you lack energy and feel like sleeping more? Are you always eating and gaining weight? Do you feel depressed? During the winter months, many of us have these symptoms and want to get away from the snow, cold and dark days. We call it the "winter blahs".

For one in fifty Canadians this is a more serious problem called Seasonal Affective disorder (SAD). SAD is a form of clinical depression that occurs yearly during the fall and winter months. Four times as many women as men are affected, and it usually first occurs in early adulthood. Researchers believe the sleep-related hormone; melatonin is overproduced by some people in the winter when the days are shorter and darker. Bright light blocks the release of melatonin, and people with SAD have found bright light treatments to be very effective.

For any of us, more light will help in the winter. You can try taking more walks outside, participating in winter sports, turning on more lights inside and yes, of course, going south during March Break!

If you suspect you may have SAD, you can talk to staff in Health Services, or Counselling Services for more information.

A Message from Counselling Services - Student Life Centre 1A101.

THANK YOU! THANK YOU!

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Counselling Services would like to take this opportunity to thank the above services for their generous donation to the Beat the Blues event on February 11th, 2010. Many students were prize winners due to your generosity. Thank you to the many students who took the time to enjoy the 'tropics' in the E Wing and take a moment to forget about our long winter and exams.

Thank you from Counselling Services.

\$10,000 up for grabs

Accounting contest offers scholarships and cash

By FREEMAN CARTER

How does \$10,000 for one hour's worth of work sound? The Certified General Accountants of Ontario are hoping that this is enough incentive for their upcoming accounting contest.

On March 17, a one-hour, 100 multiple choice financial accounting test will net one lucky Ontario student a \$5,000 scholarship toward a certified general accounting program, plus another \$5,000 in cash. There are five other top prizes, ranging from \$1,000 to \$4,000, all which come with a \$5,000 scholarship.

This isn't just for students though, schools could benefit too. If Conestoga College boasts a first-place winner in either the basic and intermediate, or the intermediate and advanced level of testing, the

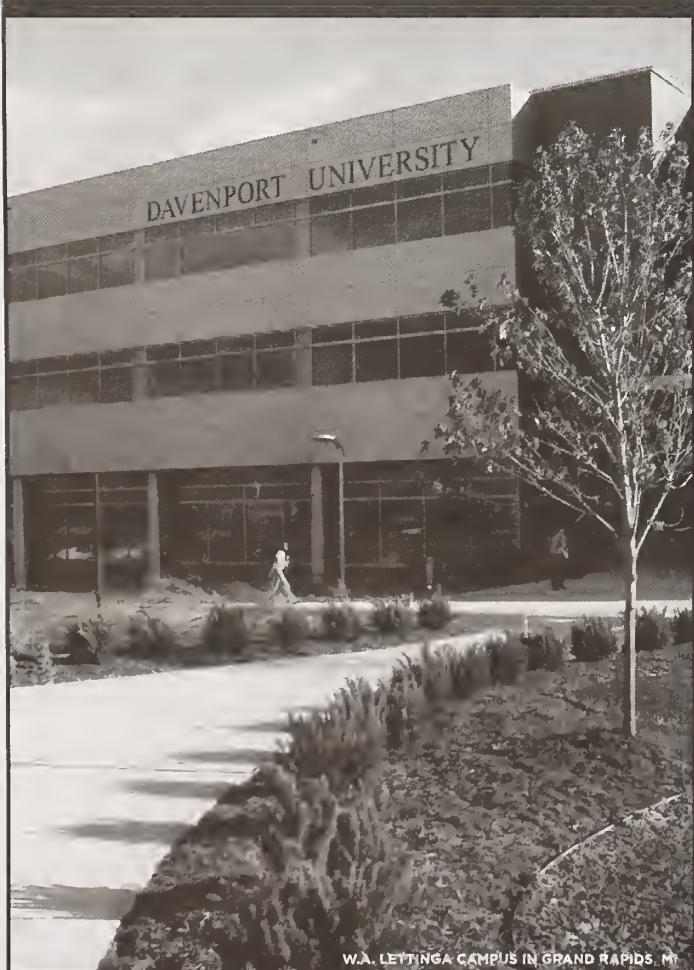
accounting department will receive a \$5,000 donation from CGA Ontario.

If that isn't enough to get you to sign up, CGA Ontario is also offering a cash prize of \$100 and a \$1,000 scholarship toward the CGA program to the highest-scoring student from each institution that has students registered.

Interested students need to sign up at www.cga-ontario.org/contest to obtain a user name, password and to choose the level of difficulty for the test, by March 16. The contest will begin promptly at 4 p.m. on March 17, and lasts for one hour. Time is of the essence, because it is one of the determining factors if there is a tie.

Additional information about the contest, as well as complete rules and regulations, is available at www.cga-ontario.org/contest.

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Students give up the good life

By GREG COWAN

This week, four Wilfrid Laurier University students will be leaving behind their Kraft Dinner and warm apartments and hitting the streets.

The student volunteers will be living the life of homeless people for five days to raise money and awareness for homelessness in Canada. Concrete beds, morsels of stale, unwanted food and cold washcloth showers await the volunteers who are actually looking forward to the experience.

The Five Days for the Homeless campaign started March 14 and will end March 19. Throughout the five days the students will be keeping a journal of their progress and stories through online blogs and social networking sites. They will also be loitering around the campus for the duration of the experience so fellow students can observe their plight.

The students have no income and any money they scrounge will go directly to the region's respective charity. They will be given a sleeping bag and pillow, but all food must be received via direct donation, and any non-perishable food will be redonated to the charities.

Last year Laurier students begged and borrowed over \$4,000 for the campaign.

The students will have no access to a shower or building where their student card would otherwise grant them access. Cellphones and other sources of communication with the sheltered world are not allowed unless they are to promote the five-day campaign.

The students are also still expected to go to class and fulfil their student responsibilities no matter how hungry they get or how socially unacceptable their stench becomes.

Basically, this is for real. The students can only snap out of the cold if the weather becomes a clear health risk.

Five Days for the Homeless was founded in 2005 by students from the School of Business at the University of Alberta.

The campaign raised \$2,000 in its first year, but the idea quickly expanded across the country. In 2009, 17 schools participated, raising \$174,492.

The four participants this year are Robb Farago, third-year economics and philosophy, Sarah Splinter, third-year honours business and economics, Jeremy Enns, first-year business and economics, and Michelle Fusco, second-year global studies and communications.

Those interested can follow the students through the magic of Internet blogging at www.5days.ca/waterloo.

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HOSTED BY
Student Life
inspire • inform • involve

& the Respect Campaign
Student Committee!

Are You Ready to Be the difference?

Respect Week is coming!
Monday March 29
through
Thursday April 1

Be the difference.
RESPECT
WEEK



HOROSCOPE

Week of March 15, 2010



Aries
March 21 - April 19

On Sunday you will build a flying motorcycle out of an old cassette player and some cardboard sticks. Wear a helmet when you ride it.



Libra
September 23 - October 22

At some point during the week you will watch The Big Lebowski. Do not lick a rental bowling ball the next time you go hit the lanes.



Taurus
April 20 - May 20

On Tuesday a giant blue alien will chase you down and try and stick its hair up your nose. You should tell the alien that it is a rip-off of Pocahontas.



Gemini
May 21 - June 21

On Friday you will meet Kirstin Stewart. Most of your conversation will be spent with you shouting at her to stop biting her lip.



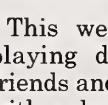
Cancer
June 22 - July 22

During the week you will hit an enemy with a nearby banjo. Don't be surprised if he doesn't get up. Getting hit with a banjo keeps you down.



Leo
July 23 - August 22

This week you will order a two-person Snuggie that is so large it will also cover a full couch between the two Snuggie wearers.



Aquarius
January 20 - February 18

This week you will be playing darts with your friends and you will end up with a dart lodged in your skull. Good luck with the pain from that.



Virgo
August 23 - September 22

This week The Hurt Locker will amaze you. You will question why you wasted all that time with the Twilight films.



PHOTO BY GILLIAN WEBBER

CJIQ DJ Mike Hepditch is shown in the college radio studio hosting his morning show.

CJIQ listenership way, way up

By GILLIAN WEBBER

Significantly more listeners are tuning their radio dials to Conestoga College's on-campus radio station, 88.3 FM CJIQ, according to a recently released study.

Independent research organization, the Bureau of Broadcast Measurement, found that CJIQ's audience had grown by over 53 per cent, totalling more than 23,600 listeners a week.

Despite being up against some stiff competition, CJIQ saw the average audience listening hours increase by 35 per cent in Waterloo Region.

"We've obviously grown. We know we're on the right track," said radio broadcasting program director and CJIQ program co-ordinator, Mike Thurnell. "It's good news for the radio station and it's good news for the college."

"(These results) are awesome. It really makes me feel proud to be part of the station," said second-year radio broadcast student and host of the weekday morning show,



PHOTO BY GREG COWAN

Robin Goodfellow, a second-year radio broadcast student, is doing his part to make CJIQ the fastest-growing radio station in the region.

Mike Hepditch. "We have a solid on-air crew. I think that has made a big difference."

The radio station, which serves as a working classroom for both broadcast radio and journalism broadcast students, has the largest transmitting area of any college station in Canada at 7,800 square kilometres.

CJIQ's format consists primarily of new rock and alternative music during the

week. Programming is more diversified over the weekend and features many genres including reggae, hip-hop, classical and gospel.

"I think the students have worked very hard," said Thurnell. "CJIQ is a living lab so it's the broadcasting radio students, especially those in year two, who are responsible (for CJIQ). Obviously it shows the hard work that everybody puts into it."



ON-CAMPUS CHIROPRACTOR

Covered by CSI Health Plan

HEALTH SERVICES

748-5220 Ext. 3679



Nick Dasko is a second-year journalism student who makes these up for your amusement.

BATTLE OF THE BANDS

SANCTUARY
7:00 PM

PLAY in a BAND?

Why not compete for a chance in the spotlight and win \$\$\$

WEDNESDAY MARCH 24TH

Sign up in the CSI office, room 2A106
Deadline to sign up is March 19, 2010
Rules and regulations apply

CONESTOGA
STUDENTS INC

CONESTOGA
STUDENTS INC

St. Patrick's Day PUB's

Nooner Pub
11am - 2pm



FEATURING LIVE MUSIC BY:
David Cavan Fraser

19+ (subject to CSI Policy)
Proof of Age of majority required
Upper Sanctuary will be open for students 18 and under.

Free Admission

Night Pub
7pm - 1am

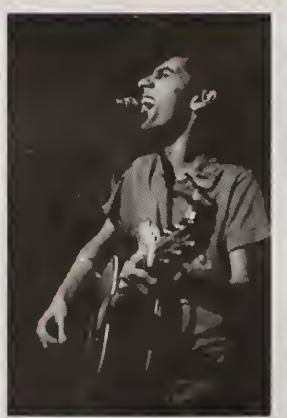


FEATURING LIVE MUSIC BY:
Mandippal and Friends

ALL AGES FOR CONESTOGA STUDENTS ONLY

(subject to CSI Policy)
Proof of Age of majority required

\$3.00 advance, \$5.00 at the door
Buy tickets in the CSI Self Serve Area, room 2A106



Wednesday March 17th
in the Sanctuary